

# Vermont State Plan on Aging

## What is the State Plan on Aging?

The 2019-2022 Vermont State Plan on Aging is a guiding document that outlines how the State of Vermont and our network of Area Agencies on Aging and service providers will work to meet the changing needs of older Vermonters over the next four years. As required by the Older Americans Act, the plan provides a broad overview of demographic changes and environmental context, includes results of a statewide needs assessment, and hones three major goal areas into key measurable objectives.

## What are the Goals of the Plan?

### Support Healthy Aging for All

- Increase older Vermonter participation in evidence-based falls prevention interventions and programs.
- Increase behavioral health prevention, treatment and recovery for older Vermonters.
- Increase engagement to reduce impacts of isolation and loneliness on health and well-being of older Vermonters.
- Increase meaningful employment opportunities for older Vermonters to support health and financial security of individuals and a prosperous economy.



### Strengthen Core Older Americans Act Services that Support Older Vermonters in Greatest Economic and Social Need

- Improve Information and Referral/Assistance (I&R/A) statewide so that all older Vermonters and people with disabilities who seek I&R/A will have a consistent and high-quality experience.
- Increase food security of older Vermonters through the Home Delivered Meal program.
- Support older Vermonters to live in settings they prefer through high quality case management (both OAA and Choices for Care), including person-centered planning.
- Ensure family caregivers of older adults are well supported through access to assessment, education, training and respite.

## Bolster the System of Protection and Justice for Older Vermonters

- Improve prevention efforts to protect vulnerable older adults against abuse, neglect and exploitation while maximizing their autonomy, with a focus on financial exploitation.
- Increase awareness of Vermont's programs that protect vulnerable older adults, including Adult Protective Services, Office of Public Guardian, the Long-Term Care Ombudsman Program, and Legal Services.



## Who Will Do the Work of the Plan?

The Vermont Department of Disabilities, Aging and Independent Living (DAIL) is the primary governmental agency responsible for development, implementation, and coordination of the State Plan on Aging. DAIL relies on strong collaboration with many state agencies, the five Area Agencies on Aging, and a diverse network of Aging Services partners across the state to collectively accomplish the goals of the plan.

## How Will Progress Be Tracked?

As part of the plan, performance measures have been identified that DAIL will track using the State's Performance Scorecard platform and the Results Based Accountability framework. DAIL and partners will seek to understand answers to the questions, "how much?" "how well?" and "is anyone better off?" within each objective of the plan. The federal Administration for Community Living reviews progress annually with DAIL.

## Where Can I Learn More?

The Vermont State Plan on Aging is online at: <http://asd.vermont.gov/resources/state-plans>.

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