

Choices for Care Options At-A-Glance

(Updated June 2023)

Choices for Care offers long-term services and supports to adult Vermonters who need nursing home level of care and who need Medicaid to help pay for the care. If an individual is found clinically and financially eligible, they can choose where they want to receive their services.

For questions about clinical eligibility, contact your local Long-Term Care Clinical Coordinator listed on the back.

For questions about financial eligibility or to receive an application, **call 1-800-479-6151** to the ESD Benefits Service Center. Be sure to tell the agent that you have questions about Long-Term Care Medicaid. Or apply online at [Vermont Medicaid Programs | Department of Vermont Health Access](#).

1. Home-Based options

- **Flexible Choices**—A consultant from Transition II helps create an allowance and budget for services that is managed by the individual or an eligible surrogate. The individual or surrogate act as the employer and work within their budget to coordinate services to help stay at home.
- **Home-Based**— A case manager helps coordinate a plan with the individual that may include personal care, adult day services, personal emergency response and some assistive devices/home modification funds. Care may be provided through a local certified home health agency or if eligible, individuals may hire their own caregivers through the consumer or surrogate directed option. The individual chooses either their local Area Agency on Aging or Certified Home Health Agency to provide case management services.
- **Adult Family Care (AFC)** – AFC is a residential option for people to receive their care and services in an unlicensed family home-provider setting. Services are managed through an Authorized Agency who is paid a daily tier rate for the home provider and other long-term services and supports.

2. Enhanced Residential Care (ERC) option – This option provides 24- hour care and supervision in approved VT licensed Level III Residential Care Homes or Assisted Living Residences. Services include personal care, housekeeping, meals, activities, nursing oversight and medication management. For individuals in the ERC option, the home may also bill Medicaid for Assistive Community Care Services (ACCS) payments as well. The individual pays for room and board. For more information or a list of ERC providers look online at [Home Page | Division of Licensing and Protection \(vermont.gov\)](#)

3. Nursing Home option – This option provides 24-hour nursing care, supervision, therapies, personal care, meals, nutrition services, activities and social services provided by a VT licensed Nursing Facility. For more information or a list of nursing homes, look ONLINE at [Residential Options | Adult Services Division \(vermont.gov\)](#)

For more information about Choices for Care and the service options, contact your local Department of Disabilities, Aging and Independent Living (DAIL) Long-Term Care Clinical Coordinator, listed on the back. More information about Choices for Care may be found online at: [Home Page | Adult Services Division \(vermont.gov\)](#)

DAIL District Office	Address	Phone Number	FAX
Barre	McFarland State Office Building 5 Perry St., Suite 80 Barre, VT 05641	(802) 476-1646	(802) 241-0385
Bennington	200 Veterans' Memorial Drive, Suite 6 Bennington, VT 05201	(802) 447-2850	(802) 241-0385
Brattleboro	232 Main Street, Suite 5 Brattleboro, VT 05301	(802) 251-2118	(802) 254-6394
Burlington	Mail: NOB1 South, 280 State Dr Waterbury, VT 05671 Office: Hurricane Lane, Williston, VT	(802) 871-3058	(802) 241-0385
Hartford	118 Prospect Street, Suite 301 White River Junction, VT 05001	(802) 296-5592	(802) 241-0385
Middlebury	HC2 South, 280 State Drive Waterbury, VT 05671-2020	(802) 585-0699	(802) 241-0385
Morrisville	63 Professional Drive, Suite 4 Morrisville, VT 05661	(802) 888-0510	(802) 888-0536
Newport	100 Main St., Suite 240 Newport, VT 05855	(802) 334-3910	(802) 241-0385
Rutland	320 Asa Bloomer Building Rutland, VT 05701	(802) 786-5971	(802) 241-0385
Springfield	100 Mineral Street, Suite 201 Springfield, VT 05156	(802) 289-0695	(802) 241-0385
St. Albans	27 Federal Street, Suite 400 St. Albans, VT 05478	(802) 524-7913	(802) 241-9057
St. Johnsbury	1016 US Rte. 5, Suite 3 St. Johnsbury, VT 05819	(802) 748-8361	(802) 241-9061