<u>SECTION IV. 8.</u> Enhanced Residential Care (ERC)

A. Definition

"Enhanced Residential Care" (ERC) is a daily, bundled package of services provided to individuals residing in an approved Vermont Licensed Level III Residential Care Home (RCH) or Assisted Living Residence (ALR).

B. ERC Standards

ERC providers shall be authorized to provide Choices for Care (CFC) services by the Department of Disabilities, Aging and Independent Living (DAIL) and comply with the following:

- 1. All Applicable <u>State and/or Federal Rules and Regulations</u> <u>http://www.dlp.vermont.gov/regs</u>
- 2. CFC Universal Provider Qualifications and Standards (Section III.)
- 3. CFC <u>Services</u> (Section IV.)
- 4. ERC providers shall have current licenses issued by DAIL.
- 5. ERC providers shall have a satisfactory current inspection from the Department of Public Safety, <u>Division of Fire Safety</u> (DFS) and have been approved for participation in the program with respect to Life Safety issues by the DFS.

C. Provider Types

The following provider types are approved to provide ERC Services when authorized by DAIL and identified on the individuals Service Plan:

- 1. Vermont Licensed Level III Residential Care Homes (Revenue Codes 092, 093, 094)
- 2. Vermont Licensed Assisted Living Residences (ALR) (Revenue Codes 092, 093, 094)

D. Approved Activities

Enhanced Residential Care (ERC) Services includes the following approved, activities, reimbursable under the daily ERC rate:

1. <u>Nursing Overview</u>: Assessment, health monitoring, and routine nursing care shall be provided or supervised by a Licensed Registered Nurse, available at least <u>one (1) hour per week</u> per ERC resident as needed.

- 2. <u>Personal Care Service (ADL)</u>: Assistance with meals, movement, bathing, dressing, transferring, personal hygiene, grooming and toileting shall be provided and available for at least <u>two (2) hours per day per ERC resident as needed</u>.
- 3. <u>Medication Management</u>: The process of assisting residents to self-administer their medications or administering medications, under the supervision and delegation by the RN.
- 4. <u>Recreation Activities</u>: Social or recreational activities, either in a group setting or individually, <u>must be offered daily</u>. Activities may be in the home or community.
- 5. <u>24-Hour On-Site Supervision</u>: ERC staff must be on duty seven (7) days a week, twenty-four (24) hours a day.
- 6. <u>Laundry Services</u>: Laundry services shall be provided as well as the opportunity to launder ones own clothing if desired.
- 7. <u>Household Services</u>: Bed making and household cleaning shall be provided.
- 8. <u>Documentation:</u> ERC providers shall maintain a resident record on each resident served under the ERC program according to the Licensing regulations. The record shall include at a minimum:
 - a. the current DAIL Service Plan,
 - b. resident service plan,
 - c. request and approval of Level of Care (LOC) variance (Level III RCH only),
 - d. health records,
 - e. a report/incident log,
 - f. current Resident Assessment (RA), and
 - g. activity assessment and plan.
- 9. <u>Case Management:</u> Level III RCH/ALR's providing ERC services will provide person-centered case management services according to the residential care home and Medicaid ACCS services regulations. The home will assist with gaining access to needed medical, social or other services which may include consultation with providers and support person(s).
- 10. <u>Assistive Community Care Services (ACCS)</u>: Level III RCH/ALR's can also bill ACCS when an individual receives ERC services. ACCS services include case management, personal care, nursing assessment, medication assistance, onsite assistive therapy and restorative nursing.

E. Limitations

- 1. ERC Services as defined in this section are limited to individuals approved by DAIL for CFC in the Enhanced Residential Care setting.
- 2. An individual shall not receive Medicaid-funded services from Adult Day centers while receiving CFC ERC services.
- 3. CFC reimbursement for ERC services <u>does not</u> include room and board. The individual is responsible for payment of room and board. The ERC must abide by the DAIL room & board guidelines.
- 4. ERC providers shall not bill Medicaid for individuals who are absent from the home. (*Refer to Section V.10*)