

**Governor's Commission on Alzheimer's Disease and Related Disorders
Meeting Minutes – 1/9/23**

Present: Meg Polyte, Josh Smith, Janet Nunziata, Mindy Clawson, Mohamed Basha, Carolyn Taylor-Olson, Glenn Jarrett, Jason Pelopida, Mary Beth Pinard, Lucas Kovasevich, Ed DeMott, Deb Wesley, Molly Dugan, Rep Dan Noyes, Stephanie Parker, Sen Randy Brock, Jordan Cotto, Angela Smith Dieng, John Saroyan, Mark Boutwell

TOPIC	NOTES	DECISION/ACTION
Regular Business	<ul style="list-style-type: none"> • Welcome • Member announcements <ul style="list-style-type: none"> ○ Dr. Heather Snyder, ALZ Research Updates, January 19th from 6:30-7:30 Register ○ 2023 Alzheimer's Family Conference – Feb 3-4 Info and to Register ○ Gerontology Symposium – May 15 ○ SASH piloting program(Launch '23) using funds from Sen Sanders, embedding counselors at housing sites • Approve minutes Janet moved to approve, Glenn second. 	-November minutes approved.
Lived Experience Panel Introduction	<ul style="list-style-type: none"> • Darryll Rudy, Living with Alzheimer's, from St. Johnsbury • Luba Routsong, Caring for husband with dementia, from Colchester • Pamela Smith, Living with Younger Onset Alzheimer's, from East Middlebury • Laura Brooks, Caring for her husband with Younger Onset, from Maidstone ○ 	
Agency Updates (20 mins)	<ul style="list-style-type: none"> • BOLD – 2022 Accomplishments and what's on the horizon for 2023 <ul style="list-style-type: none"> ○ Biggest BOLD achievement: finalization of Action Plan on Alzheimer's Disease and Healthy Aging.(link). ○ Developing a 'Lived Experience' Brief- mostly qualitative data and includes quantitative data from BRFFS. ○ VDH Brain health data pages under review- link will be provided once approved- comprehensive package- many data sources- eta 1 month. *Pamela shares the importance of keeping Younger Onset ADRD individuals on the radar- and acknowledge that Younger Onset is not included in most data sets. • DAIL – <ul style="list-style-type: none"> ○ Testifying to progress on Act 113 ○ Working group developed on improving workforce and delivery system. ○ New Director of State Unit on Aging, Jason Pelopida 	
2023 Legislative Update	<ul style="list-style-type: none"> • Bills introduced/expected <ul style="list-style-type: none"> ○ Act 113 passed; Sen Brock is looking to the commission to provide feedback on what should be addressed this session. Older VT Caucus resumes next week(Wednesday at noon). Rep Noyes has requested a bill for a statewide Dementia Care coordinator- will update as it develops. If you would like to be added to the mailing list- meg 	New England Family Conference (virtual) February 3-4, 2023 We're ALZ in this Together: Destigmatizing Dementia at the

	<ul style="list-style-type: none"> ○ Bob Kinzel from VPR will be following the Older Vermonters Caucus. ○ Pamela shares the importance of keeping Younger Onset ADRD individuals in mind when there is discussions about legislation to help provide services and supports for anyone with an ADRD Diagnosis regardless of age. ○ Meg working to codify 'brain health' is included in health campaigns ● Older Vermonters Caucus ● Save the date: ○ Feb. 2 ALZ Together; Destigmatizing Dementia in the Statehouse ○ Advocates in Action every Thursday ○ April 6 Alzheimer's State Advocacy Day 	<p>Statehouse February 2nd Click here for more information and to register.</p> <p>Advocates in Action Virtual Lunch February 3rd 12-1 Jane Dwinell who wrote Alzheimer's Canyon: One Couple's Reflections on Living with Dementia with her husband Sky will be reading from their newly published book. Click here for more information and to register. Save the date for Alzheimer's Advocacy Day at the Statehouse on April 6th! More details coming soon.</p>
<p>Professional Education Opportunities Committee (Report due Dec. 2023)</p>	<ul style="list-style-type: none"> ● Timeline of activities ○ Areas of focus: <ul style="list-style-type: none"> 1. Understanding Dementia (Residential Long-Term Care, Assisted Living, and Memory Care) 2. Communication Strategies (Residential Long-Term Care, Assisted Living, and Memory Care) 3. Person Centered Care (Residential Long-Term Care, Assisted Living, and Memory Care) 4. Challenging Behaviors (Residential Long-Term Care, Assisted Living, and Memory Care) 5. Meaningful Activities and Social Engagement (Memory Care facilities) 6. Role of the Environment (Memory Care facilities) ○ solidify this as a requirement of funding by working with the state college system to offer courses in these topics and see about a state licensure tracking as well. ○ Next steps would be to set up meetings with the state college system. ○ Janet suggests connecting with OPR early on for this effort ○ Meg suggests looking at training with in HCBS providers ie AAA network ○ Ed Suggests connecting with Mary Val Palumbo(UVM) re: Dementia Care and management education/training ○ Mohamed adds- concerns around implementing training- the effort and management in a way that doesn't create a barrier to providing care. ○ Mark adds- Sr Solutions received a AmeriCorps grant to provide training to volunteers for respite. Volunteers receive a stipend for service, Sr Solutions are covering the cost of 	<p>Members: Deb Wesley, Molly Dugan, Josh</p>

	<p>training.</p> <ul style="list-style-type: none"> • 	
Other Committee updates	<ul style="list-style-type: none"> • Dementia Friendly VT- Working on Terminus page on VDH page, VDH also working to build DF initiatives at Libraries across the state. • Diverse(DEI) Caregiver Support Committee- 	<p>Revitalizing this committee please email tiffany.smith@vermont.gov to participate in a poll to find reoccurring meeting time. Also-express your interest in leading this group via email.</p>
2023 Meeting Schedule	<p>Can we move to the 2nd Monday</p> <ul style="list-style-type: none"> • March 20 – Meg & 2 Advocates will be in DC and unavailable (March 13) • May 15 – Gerontology Conference at UVM (May 8) • June 19 – Juneteenth, State Holiday (June 12) 	<ul style="list-style-type: none"> • Remaining 2023 meetings moved to the 2nd Monday of every other Month .
Wrap up	Janet moved to adjourn, Glenn seconded, all in favor, none opposed, none abstained	

Next Meeting: March 13, 2023

Meetings for 2023: March 13, May 8, July 10, September 11, November 13