## Governor's Commission on Alzheimer's Disease and Related Disorders Meeting Minutes – 9/11/23

Present: Meg Polyte, Mindy Clawson, Janet Nunziata, Pamela Smith, Senator Brock, Maria King, Emmy Klassen, Mohamed Basha, Molly Dugan, Angela Smith Dieng, Jane Dwinell, Mark Boutwell, Sarah Poole, Carolyn Taylor Olson, Jason Pelopida, Sara Levesque, Rep Dan Noyes, Rick Neu, Abbey Haas, Neeley Bryant, Rhonda Williams, Mary Beth Pinard, Kaili Kuiper, Ethan Stein.

TOPIC	NOTES	DECISION/ACTION
General Intro (10 mins)	<ul> <li>Welcome</li> <li>Commission Membership and Reapplication Requests</li> <li>Approve minutes- Rick moved to approve, Sen Brock seconded, all approved none opposed, none abstained.</li> </ul>	-July minutes approved.
DEI workforce challenges Panel and Discussion (35 mins)	<ul> <li>Mohamed Basha, CEO TLC Home Care: Challenging finding training to support staff who are at risk for potential abuse from patients experiencing cognitive decline. He hopes through this work to develop training to prepare direct care staff for these challenges (understanding ADRD) and also develop ways to assist facilities with redirecting/addressing patients' abusive language and or behaviors. These efforts greatly impact traveling nurses and is important in supporting direct care workforce.</li> <li>Maria King, Long Term Care Administrator, Cathedral Square: Successful methods that have been implemented- core team review and evaluate situation, gather social history from family and brainstorm solutions. Consulted with male staff to ensure they were supported, trained all female staff how to respond and care for staff to create consistency, took extra effort to build trust and check in with the resident. Also increased communication with the agency providing staff. Implemented 2 code of conduct policies. 1. a non-discrimination policy for new residents. 2. A code of conduct is posted in common area for all current residents and staff.</li> <li>Barriers- looking at the origin of the situation- understanding the community/setting/cause of change in residents' demeanor/mood. Finding a way to create consistency in response. Difficulty finding time/capacity to train staff. Engaging leadership with onboarding of new direct care staff (including travel/agency staff)</li> </ul>	Meg looking for 2-3 people to draft DEI policies: Rick Neu, Pamela Smith, Mary Beth Pinard
2024 Policy Goals (15 mins)	Menti poll participation and volunteers chosen for drafting goals	
2023 Annual Report Review and Preparation (15 mins)	Planning outline shared and volunteers chosen:	
Educational Report Update (5	Moving forward- Abbey is coming on the work group to assist with draft to be shared in November	

mins)		
BOLD and BRFSS Update (15 mins)	<ul> <li>BRFSS- Cognitive Decline Module presentation- feeling confident it will be included. Will be confirmed in a week or so.</li> <li>5yr BOLD implementation grant- awarded 500k, 100k less than applied for- so budget is under revision.</li> <li>Core Capacity BOLD grant will close out the end of the month</li> <li>Caregiver data brief is draft is in review</li> <li>Action Plan progress report is being created by PDA and will be reviewed w VDH in a few weeks, final version will be shared at November meeting</li> <li>BOLD funding is supporting the UCLA model lead by Mary Val Palumbo at UVM-Contract w UCLA is in Final stages- hope to start training for program any week now</li> </ul>	
DAIL, Age Strong, FMAP & State Dementia Coordinator Updates (15 mins)	<ul> <li>Angela Shares Presentation re: Age Strong VT (multi sector plan on Aging, to build an age friendly state)</li> <li>New grant opportunity for HCBS organizations open 9/7-10/12</li> <li>Dementia Coordinator position being reviewed by DAIL Human Resources</li> </ul>	
World Alzheimer's Day (5 mins) 9/21/2023	Dates set for Alz walks: Rutland - <u>http://act.alz.org/rutlandvt</u> Champlain Valley - <u>http://act.alz.org/champlainvalley</u> NEK - <u>http://act.alz.org/nekwalk</u> . 'Hope in Aging in Dementia' documentary is being presented on WAD in Brattleboro and at locations across the state in the coming weeks.	
Member announcements (5 mins) Wrap up	<ul> <li>Mindy share community resource: a singing group for individuals living with ADRD starting October 6-December contact <u>eraymond@agewellvt.org</u></li> <li>New <u>'Death Café'</u> starting in Addison County</li> <li>Meeting concluded at 11:58</li> </ul>	

Next meeting November 13, 2023 10-12 virtual

## SINGING FOR PEOPLE WITH DEMENTIA

& THEIR CAREGIVERS

Fridays October 6th through December 8th No class 11/17 or 11/24

10:30 am - 11:30 am

Winooski Senior Center 123 Barlow Street, Winooski

Music can help sustain cognition and quality of life for people with dementia.

Free! No music experience required.

Contact: Emily Mars Raymond, Caregiver Support Specialist at eraymond@agewellvt.org.

